

All Shook Up

Choreographed by Randy & Stephanie Krul

Description: 48 count, 4 wall, beginner/intermediate line dance

Music: All Shook Up by Billy Joel

With the specific music mentioned, at the 4th, 6th and 7th walls, the first 16 counts are dropped to fit the music for the EP song, and at the 4th and 6th walls, the first 16 counts are dropped to fit the music for the BJ version

VINE LEFT WITH 4 HEEL STEPS:

1-8 Vine left with four heel steps starting with right crossing over left, step left side, right behind, step left side

4 RIGHT KICK BALL CHANGE WHILE MOVING RIGHT:

1-8 Right kick ball change-four times while moving to the right

RIGHT AND LEFT TOES TO SIDE:

1-8 Touch right side, step right together
Touch left side, step left together
Touch right side, step right together
Touch left side, step left together

SAILOR STEPS:

1-8 Kick for right, step right side, rock right side behind left, step left in place, step side right. Repeat with left, stomping on last step (count is 1, 2, 3 & 4, 5, 6, 7 & 8)

SWIVEL HEELS AND TOES MOVING RIGHT, ½ TURN RIGHT, ¼ TURN LEFT:

1-4 Moving right, swivel heels, toes, heels, toes
5-8 Step right forward, pivot ½ military turn, step right forward, pivot ¼ to left.

JUMP FEET APART AND PULL WITH HANDS, HIP BUMPS:

1-4 Jump forward with feet apart-right-left-hold, extending arms forward, pull hands back to waist and grunt Unh!, Hold

The following wiggles are done to the words "All Shook Up"

5-8 Wiggle hips to the left (all), Wiggle hips to the right (shook), Wiggle hips to the left (up), Hold

REPEAT